

Bethel Christian Academy

April 2024

Monday	Tuesday	Wednesday	Thursday	Friday
Easter Break March 29 – April 8				
	9 Beef Soft Taco, Cheesy Refried Beans, Cowboy Corn Salsa, Assorted Fresh Veggies, Daily Fruit Cup/Fresh Fruit, Fat Free & Low-Fat Milk	10 Hot Dog/Bun, Tater Tots, Assorted Fresh Veggies, Daily Fruit Cup/Fresh Fruit, Fat Free & Low-Fat Milk, Variety of Condiments	11 Cheese Pizza Slice, Garden Side Salad, Assorted Fresh Veggies, Daily Fruit Cup/Fresh Fruit, Fat Free & Low-Fat Milk, Italian Dressing	Popcorn Chicken, Mashed Potatoes, Roasted Chicken Gravy, Shredded Cheddar Cheese, Steamed Corn, Assorted Fresh Veggies, Daily Fruit Cup/Fresh Fruit, Fat Free & Low-Fat Milk
Homemade Macaroni & Cheese, Breadstick, Garlic Broccoli, Assorted Fresh Veggies, Daily Fruit Cup/Fresh Fruit, Fat Free & Low-Fat Milk	16 Walking Beef Taco, Steamed Corn, Shredded Lettuce, Tomato Salsa, Assorted Fresh Veggies, Daily Fruit Cup/Fresh Fruit, Fat Free & Low- Fat Milk	Fajita Chicken Wrap, Taco Sauce, Harvest Cheddar Sun Chips, Steamed Green Beans, Assorted Fresh Veggies, Daily Fruit Cup/Fresh Fruit, Fat Free & Low-Fat Milk	18 Four Cheese Pizza/Pepperoni Pizza Slice, Garden Side Salad, Italian Dressing, Assorted Fresh Veggies, Daily Fruit Cup/Fresh Fruit, Fat Free & Low-Fat Milk	Chicken Tenders & Dutch Waffle in a Basket, Seasoned French Fries, Baked Beans, Assorted Fresh Veggies, Variety of Condiments, Fat Free & Low-Fat Milk
22 Meatball Sub, Steamed Green Beans, Assorted Fresh Veggies, Daily Fruit Cup/Fresh Fruit, Fat Free & Low-Fat Milk	23 Hard Shell Beef Tacos Supreme, Cheesy Refried Beans, Assorted Fresh Veggies, Tomato Salsa, Daily Fruit Cup/Fresh Fruit, Fat Free & Low Fat Milk	Grilled Cheese Sandwich, Creamy Tomato Soup, Breadstick, Assorted Fresh Veggies, Daily Fruit Cup/Fresh Fruit, Fat Free & Low- Fat Milk	25 Bosco Cheesy Breadsticks, Marinara Sauce, Garden Side Salad, Light Ranch Dressing, Assorted Fresh Veggies, Daily Fruit Cup/Fresh Fruit, Fat Free & Low-Fat Milk	Cinnamon French Toast, Pork Sausage Patty, Crispy Tater Starz, Assorted Fresh Veggies, Daily Fruit Cup/Fresh Fruit, Fat Free & Low- Fat Milk
29 Cheeseburger/Bun, Curly Fries, Assorted Fresh Veggies, Daily Fruit Cup/Fresh Fruit, Variety of Condiment, Fat Free & Low-Fat Milk	Loaded Beef & Cheese Nachos, Steamed Corn, Tomato Salsa, Assorted Fresh Veggies, Daily Fruit Cup/Fresh Fruit, Fat Free & Low-Fat Milk			

Every school day our school lunch offers students five components - protein, grains, ½ cup of fruit, ¾ cup of vegetables, and ½ pint of 1% white or fat-free chocolate milk

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