

# BCA Athletics 2022 Virtual Eagle Run

BCA is hosting the 2nd Annual Eagle Run virtual 5k! What is a virtual 5k race? It's so easy! Runners run a 5k on their own time and in their own place during the allotted time period and then receive a race t-shirt and medal!

**Who is invited to participate in this event?** ANYONE! Runners do not have to be members of BCA. If you have runner friends who collect medals, feel free to invite them.

**Do I have to run?** NO! Run, walk, hop, skip! Treadmill or outside! Just complete the 3.1 miles in some way.

**How do you know I finished?** This event is based on the honor system. If you send your picture to Mrs. Burnett, we will put it on BCA social media and the event website.

**How do I submit my time?** Take a picture of yourself running. If you have a running app, take a screenshot of your time. Post your results in the Facebook event page or email them to Mrs. Burnett!

**What does my registration fee include?** The registration fee is \$25. All who register will receive a finisher medal, a race t-shirt and NEW THIS YEAR a SWAG bag. Additional t-shirts can be purchased for \$10.

**How do I register for this event?** Registration for the event will be open until September 28. Participants can fill out the form at the bottom of this page and pay with cash or check (Please make checks payable to Bethel Christian Academy). Online registration and payment can be done on Eventbrite through the link provided on bcakids.org. A convenience fee will apply. Out of town runners can still participate. Shirts and medals can be shipped for an additional \$5.



**When do I run?** Anytime!

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Family Name: \_\_\_\_\_

Name of Family Members Participating	Age(s)	Shirt Size(s) Needed
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Number of Participants: \_\_\_\_\_ X \$25 = Total Price: \_\_\_\_\_

Shirts available: YS YM YL S M L XL XXL (Larger sizes available for \$2)

Questions? Please email [nburnett@bcakids.org](mailto:nburnett@bcakids.org)