

The grass withers and the flowers
fall, but the word of God endures
forever.

Isaiah 40:8

SEPTEMBER 2026

Bethel Christian Academy

Breakfast \$2.30

Lunch \$3.90

Milk \$.60

Monday

Tuesday

Wednesday

Thursday

Friday

Corndog,
Baked Chips,
Carrots,
Daily Fruit Cup,
Fat Free or Low-Fat Milk

BBQ Chicken Sandwich,
Oven Fries,
Celery,
Daily Fruit Cup,
Fat Free or Low-Fat Milk

Pizza,
Tater Tots,
Cucumbers,
Daily Fruit Cup,
Fat Free or Low-Fat Milk

Hard Taco with all the fixins,
Spanish Rice,
Corn,
Daily Fruit Cup,
Fat Free or Low-Fat Milk

**No School
Labor Day**

Popcorn Chicken,
Mashed Potatoes,
Corn,
Daily Fruit Cup,
Fat Free or Low-Fat Milk

Walking Taco with
Lettuce & Tomato,
Spanish Rice,
Beans,
Daily Fruit Cup,
Fat Free or Low-Fat Milk

Pizza,
Tater Tots,
Celery,
Daily Fruit Cup,
Fat Free or Low-Fat Milk

Chicken Alfredo,
Dinner Roll,
Bell Peppers,
Daily Fruit Cup,
Fat Free or Low-Fat Milk

Spaghetti
with Meatballs,
Green Beans,
Garlic Bread,
Daily Fruit Cup,
Fat Free or Low-Fat Milk

Pancakes,
Sausage,
Cheese Omelet,
Bell Peppers,
Daily Fruit Cup,
Fat Free or Low-Fat Milk

Walking Taco with
Lettuce & Tomato,
Spanish Rice,
Corn,
Daily Fruit Cup,
Fat Free or Low-Fat Milk

Pizza,
Tater Tots,
Cucumbers,
Daily Fruit Cup,
Fat Free or Low-Fat Milk

Meatball Sub,
Baked Chips,
Carrots,
Daily Fruit Cup,
Fat Free or Low-Fat Milk

Hard Taco with all the fixins,
Spanish Rice,
Corn,
Daily Fruit Cup,
Fat Free or Low-Fat Milk

Perogies,
Broccoli,
Daily Fruit Cup,
Fat Free or Low-Fat Milk

BBQ Chicken,
Oven Fries,
Bell Peppers,
Daily Fruit Cup,
Fat Free or Low-Fat Milk

Pizza,
Tater Tots,
Cucumbers,
Daily Fruit Cup,
Fat Free or Low-Fat Milk

Hot Dog,
Baked Chips,
Carrots,
Daily Fruit Cup,
Fat Free or Low-Fat Milk

Hamburger,
Oven Fries,
Cucumbers,
Daily Fruit Cup,
Fat Free or Low-Fat Milk

Turkey Sandwich
with lettuce and tomato,
Pasta Salad,
Daily Fruit Cup,
Fat Free or Low-Fat Milk

Pancakes,
Sausage,
Cheese Omelet,
Bell Peppers,
Daily Fruit Cup,
Fat Free or Low-Fat Milk

The BCA Food Service Department is committed to the overall well-being of our students and offers a choice of healthy meals each school day. All meals served must meet nutrition standards established by the U.S. Department of Agriculture (USDA). Our school menus meet federal nutrition standards for school meals, ensuring that meals are healthy & well-balanced, and provide students with all the nutrition they need to succeed at school. School meals offer students milk, fruits and vegetables, proteins and grains, and adhere to strict limits on saturated fat, sodium and portion size as determined by National School Lunch Program Guidelines. We Bethel Christian Academy Student Handbook 18 help students start their day by providing a nutritious breakfast consisting of a two bread/grain equivalent selection(s), or one bread/grain equivalent and one meat/meat alternative selections, a choice of 100% fruit juice and/or fruit, and a choice of 1% white or fat-free chocolate milk. Every day a nutritious lunch is offered, consisting of an entrée (which can include a bread/grain and a meat/meat alternate), two different fruit and/or vegetable choices, and a choice of milk. The milk choices consist of 1% white or fat-free chocolate milk. As mandated by the United States Department of Agriculture (USDA), school breakfast meets 1/4 of the Recommended Dietary Allowance (RDA) and school lunch 1/3 of the RDA.