

But those who trust in the Lord will find new strength.
They will soar high on wings like eagles.
They will run and not grow weary.
They will walk and not faint.

Isaiah 40:31

AUGUST 2026

Bethel Christian Academy

Breakfast \$2.30
Lunch \$3.90
Milk \$.60

Monday

Tuesday

Wednesday

Thursday

Friday

3

4

5

6

7

10

11

12

13

14

17

Spaghetti w/Meatballs,
Breadstick,
Green Beans,
Daily Fruit Cup,
Fat Free or Low-Fat Milk

18

Hamburger/Bun,
Oven Fries,
Cucumber & Pickles,
Daily Fruit Cup,
Fat Free or Low-Fat Milk

19

Popcorn Chicken,
Tater Tots,
Bell Peppers,
Daily Fruit Cup,
Fat Free or Low-Fat Milk

20

Hot Dog/Bun,
Baked Chips,
Celery,
Daily Fruit Cup,
Fat Free or Low-Fat Milk

21

24

Pancakes,
Sausage,
Cheese Omelet,
Bell Pepper,
Daily Fruit Cup,
Fat Free or Low-Fat Milk

25

Hard Tacos w/Cheese,
Spanish Rice,
Lettuce,
Tomato,
Daily Fruit Cup,
Fat Free or Low-Fat Milk

26

Pizza,
Tater Tots,
Carrots,
Daily Fruit Cup,
Fat Free or Low-Fat Milk

27

Meatball Sub,
Oven Fries,
Corn,
Fruit,
Fat Free or Low-Fat Milk

28

Turkey Sandwich,
Tomato,
Lettuce,
Baked Chips,
Fat Free or Low-Fat Milk

31

Perogies,
Green Beans,
Daily Fruit Cup,
Fat Free or Low-Fat Milk

The BCA Food Service Department is committed to the overall well-being of our students and offers a choice of healthy meals each school day. All meals served must meet nutrition standards established by the U.S. Department of Agriculture (USDA). Our school menus meet federal nutrition standards for school meals, ensuring that meals are healthy & well-balanced, and provide students with all the nutrition they need to succeed at school. School meals offer students milk, fruits and vegetables, proteins and grains, and adhere to strict limits on saturated fat, sodium and portion size as determined by National School Lunch Program Guidelines. We Bethel Christian Academy Student Handbook 18 help students start their day by providing a nutritious breakfast consisting of a two bread/grain equivalent selection(s), or one bread/grain equivalent and one meat/meat alternative selections, a choice of 100% fruit juice and/or fruit, and a choice of 1% white or fat-free chocolate milk. Every day a nutritious lunch is offered, consisting of an entrée (which can include a bread/grain and a meat/meat alternate), two different fruit and/or vegetable choices, and a choice of milk. The milk choices consist of 1% white or fat-free chocolate milk. As mandated by the United States Department of Agriculture (USDA), school breakfast meets 1/4 of the Recommended Dietary Allowance (RDA) and school lunch 1/3 of the RDA.